



All About Kids Dentistry
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POST EXTRACTION INSTRUCTIONS

- Bite on a piece of gauze until you get home
- If bleeding resumes, bite down on a rolled piece of gauze for 10 minutes
- **DO NOT** put your tongue or fingers in extraction site
- If your lip feels numb (fat and big) **DO NOT** eat until it feels normal
- Today, eat soft foods and chew on other side of your mouth
- **DO NOT** drink through a straw for 3-5 days; drink cool liquids
- For pain, use Children's Tylenol as directed on the package
- Brush your teeth very carefully around extraction site
- Expect to see some swelling; use ice to reduce the swelling today and heat (such as a warm washcloth or a heating pad) tomorrow
- **EXCESSIVE SWELLING, BLEEDING OR PAIN PLEASE CALL DR. URSITTI IMMEDIATELY!**